

Instytut Lingwistyki Stosowanej, UW

Serdecznie zapraszamy na warsztaty

EMOTIONS IN LANGUAGE LEARNING AND TEACHING

poprowadzone przez

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Positive emotions such as joy and interest are expansive and help us cope with constrictive emotions such as boredom and anxiety. Positive psychology research shows that when we experience even mild positive emotions, we become more open, more creative, more trusting and more resilient. Teachers who cultivate positive affect in their students increase their own experience of positive affect as well. This creates a virtuous cycle that gives rise to excellent relationships with students and promotes teacher confidence. When students trust and respect the teacher, they become more resilient and reach higher levels of achievement. We will revisit teacher qualities and practices that help students feel psychologically safe and pedagogically cared for. Participants will come out of this workshop empowered, inspired to make little changes, confident in their strengths, and optimistic in their capacity to engage students.

Do zobaczenia na warsztatach!